

Kortschak Center for Learning and Creativity

PRESENTS

SKILL-BUILDING FOR SUCCESS

Join us for our skill-building workshop series from

10 - 11am PT on Tuesdays - Fridays

***Not including Fall Break (10/14 and 10/15)**

Each week KCLC Academic Coaches will present via Zoom on the weekly topics listed below.

WEEK 1

(OCTOBER 5TH-8TH)

Time Management TECHNIQUES

Discuss methods of improving your scheduling, prioritization, assignment completion, concentration, productivity and goal-setting.

WEEK 2

(OCTOBER 12TH AND 13TH*)

Reading STRATEGIES

Acquire strategies for how to complete your course readings effectively and improve comprehension.

WEEK 3

(OCTOBER 19TH-22ND)

Stress Management TIPS

Understand how you experience stress and explore various ways to cope. Application of stress reduction techniques will be practiced!

WEEK 4

(OCTOBER 26TH-29TH)

Test-Taking TACTICS

Improve your exam-preparation skills by exploring different methods of learning, studying and actually taking the test, which can be implemented before, during or after the exam.

Zoom link: <https://usc.zoom.us/j/95019147813>